

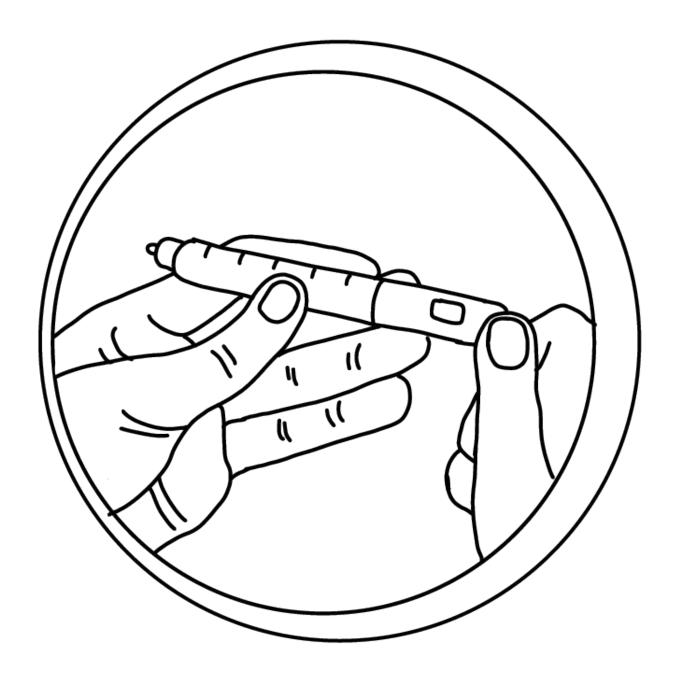




Hi, do you know how to inject insulin? Ok, let me show you - it's quite easy!





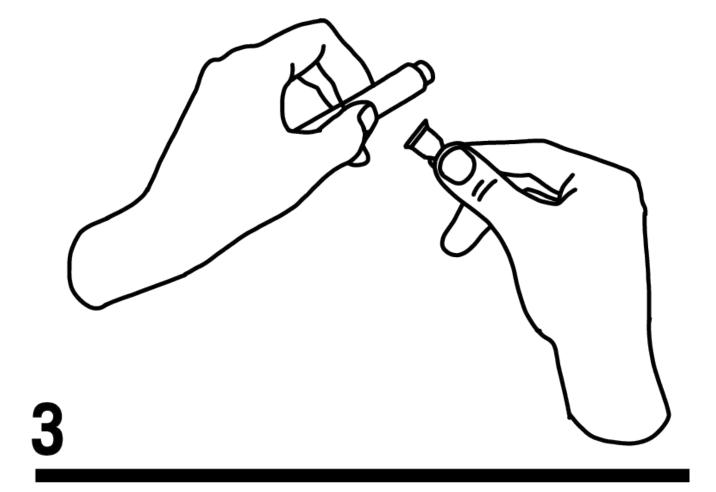


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This is my pen, it looks like an ordinary pen, but instead of ink it has insulin inside.







First, we have to put a new pen needle into the pen. Remember to change the needle every time you inject insulin.



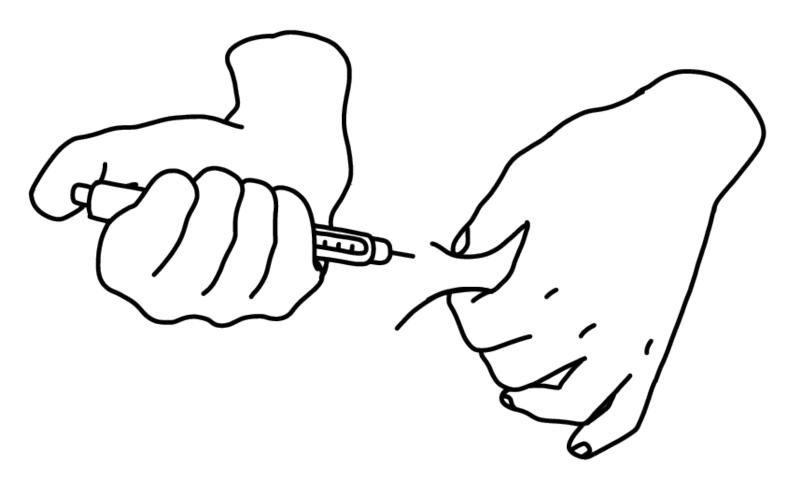




Now, prime your pen by selecting 2 units and pressing the dose button until you see a drop of insulin at the needle tip. Air can get into the needle and insulin cartridge, so priming helps make sure you get the correct dose!





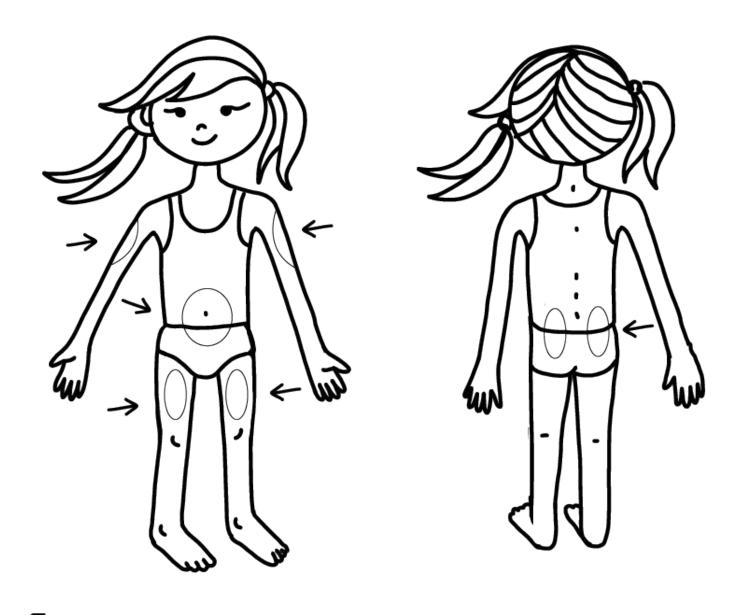


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Set your insulin dose and inject your insulin. Remember to push the dose button down completely and count slowly to 10, then remove the needle.





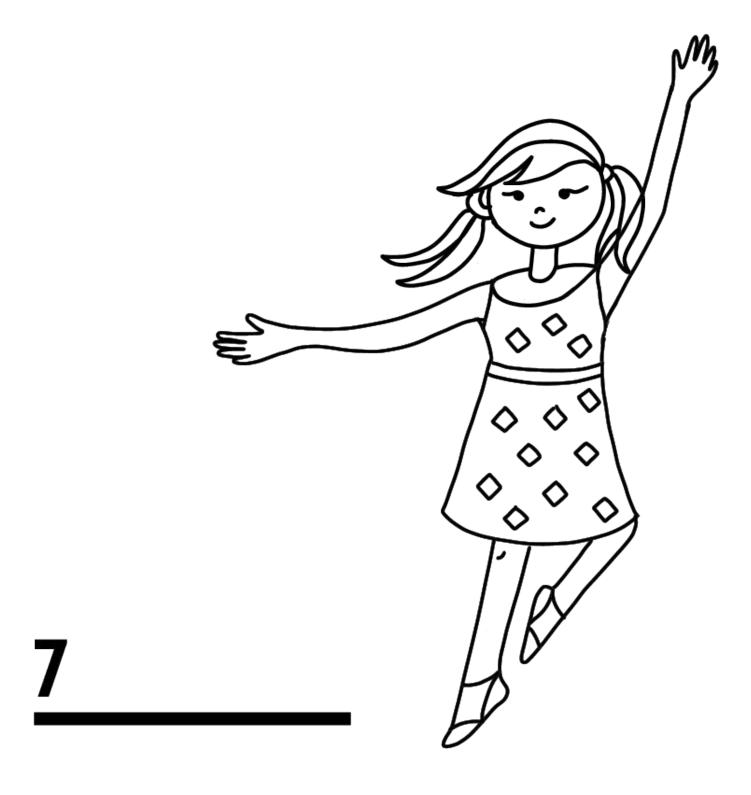


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You can inject into your belly, buttocks, and upper arms. It's important to switch your injection sites between those areas.







See, it was easy! See you soon!