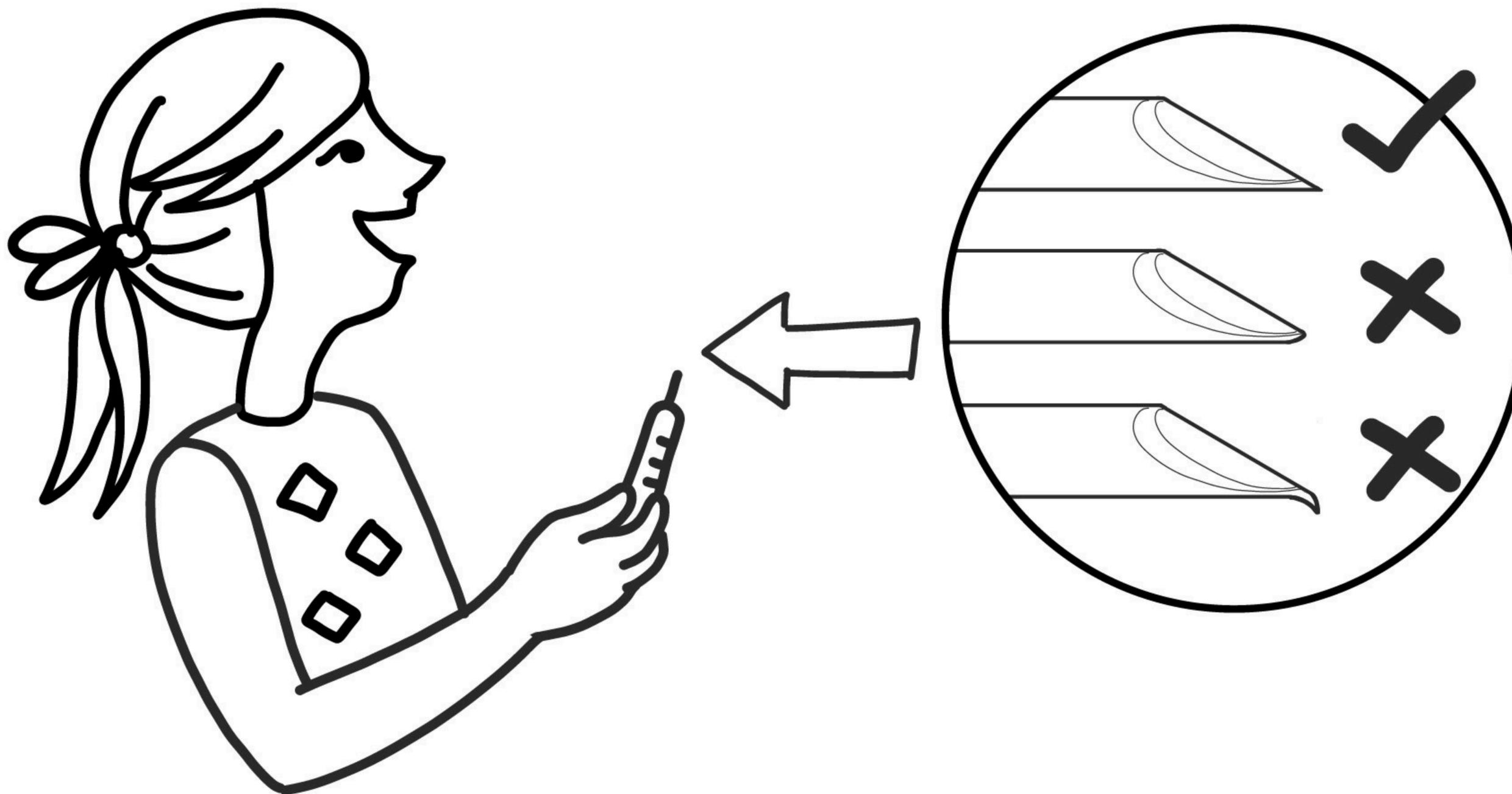




1

Great job injecting your insulin! To ensure your medicine works properly, remember that your pen needles should be used once only. It's important to your health not to reuse pen needles. Let's learn together why!



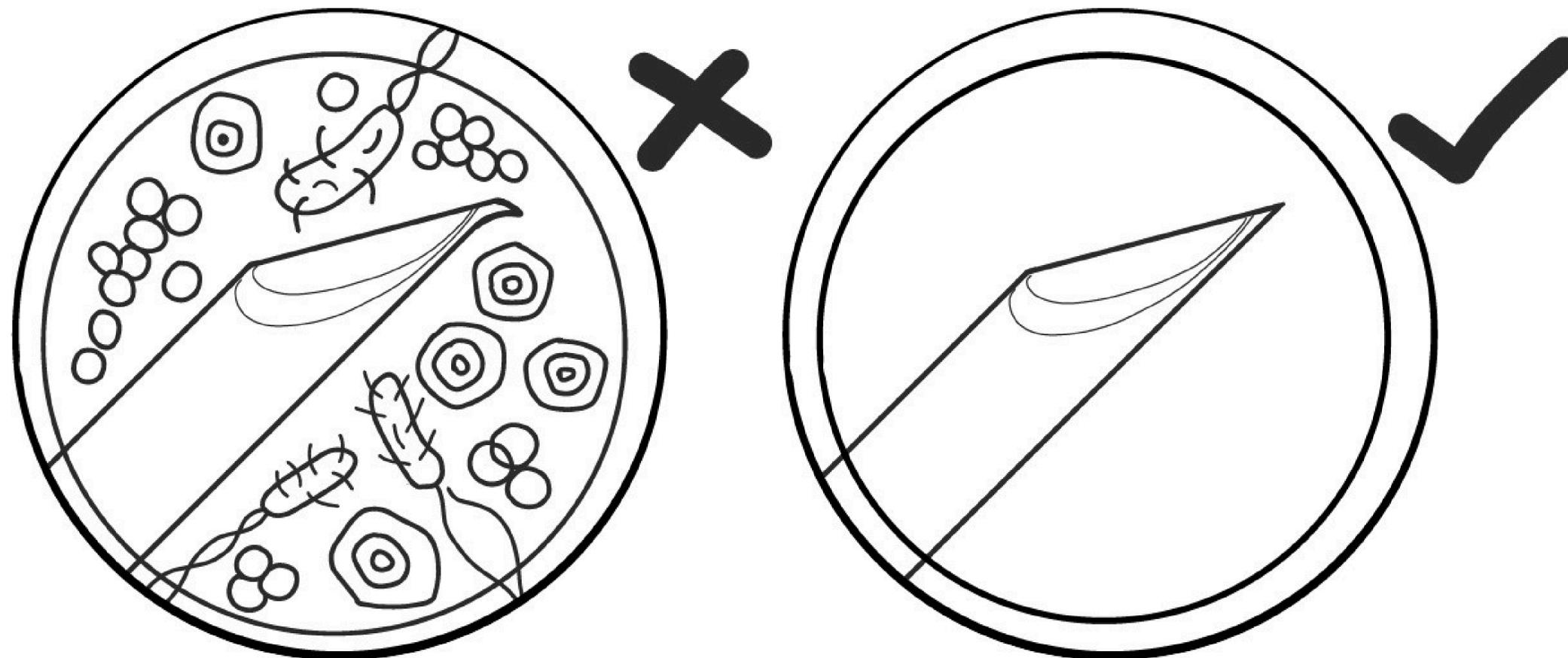
2

If you reuse your pen needle, even once, the tip becomes dull.
Can you circle the areas where the needle is dull?



3

Dull needles are painful. They also damage your tissue under the skin making injections more painful. If a needle tip is not sharp, it will be harder to inject insulin.



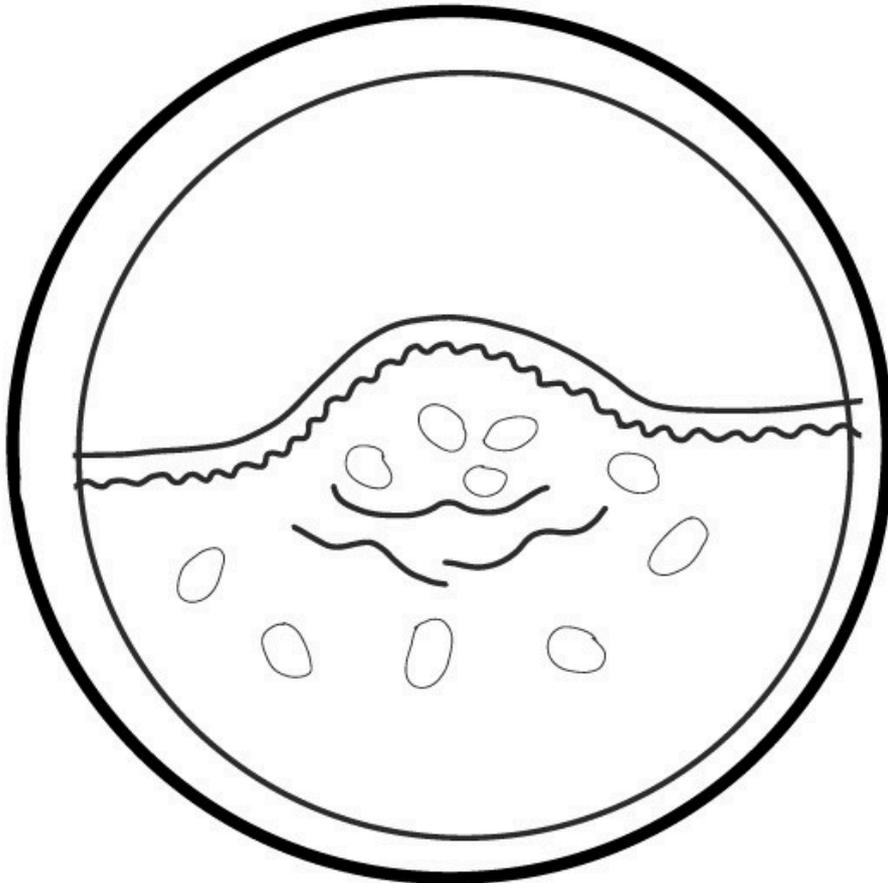
4

**A new needle is sterile, it doesn't have any dirt, blood, or bacteria in it.
A new needle is healthier for your skin and tissues,
while you get the right dose of your insulin.**



5

Leaving a pen needle on the pen will cause wrong doses of insulin to be injected. Insulin can also form crystals blocking the flow of medicine.



6

Dull needles can increase the risk of lipos, hard lumps under the skin. You will need even more insulin to control your blood sugar if you inject into these areas. This can be confusing if you are injecting in both healthy and lipo areas, as your blood sugar may vary from the same dose!



7

You're doing a great job being responsible for your health! Remember, changing your pen needle every time is a part of being healthy!